

RINGKASAN

Penelitian ini bertujuan untuk mendeskripsikan pembentukan karakter disiplin anak usia dini melalui metode pembiasaan di TK Al-Hikmah Purwokerto Barat. Latar belakang penelitian ini didasarkan pada pentingnya penanaman karakter disiplin sejak usia dini sebagai fondasi perkembangan kepribadian anak di masa depan. Metode pembiasaan dipilih karena dinilai efektif dalam membentuk perilaku disiplin melalui kegiatan yang dilakukan secara rutin, konsisten, dan berkelanjutan.

Penelitian ini menggunakan pendekatan kualitatif dengan jenis penelitian deskriptif. Subjek penelitian meliputi kepala sekolah, guru, dan anak didik di TK Al-Hikmah Purwokerto Barat. Teknik pengumpulan data dilakukan melalui observasi, wawancara, dan dokumentasi. Analisis data dilakukan dengan cara reduksi data, penyajian data, dan penarikan *xiii* *variable* *xiii*.

Hasil penelitian menunjukkan bahwa pembentukan karakter disiplin anak usia dini di TK Al-Hikmah Purwokerto Barat dilakukan melalui berbagai kegiatan pembiasaan, seperti datang tepat waktu, berbaris sebelum masuk kelas, berdoa sebelum dan sesudah kegiatan, merapikan mainan setelah digunakan, serta mematuhi aturan sekolah. Metode pembiasaan ini terbukti mampu menanamkan sikap disiplin pada anak secara bertahap. Faktor pendukung dalam pembentukan karakter disiplin antara lain peran guru yang konsisten, lingkungan sekolah yang kondusif, serta kerja sama dengan orang tua.

Penerapan metode pembiasaan memberikan dampak positif dalam pembentukan karakter disiplin anak usia dini, di antaranya anak menjadi terbiasa menaati aturan, memiliki rasa tanggung jawab, mampu mengelola waktu dengan baik, serta menunjukkan sikap mandiri dan tertib dalam kegiatan sehari-hari. Adapun *xiii* *ariab* penghambat dalam pembentukan karakter disiplin tersebut meliputi perbedaan karakter setiap anak dan kurangnya penerapan sikap disiplin di lingkungan keluarga.

Berdasarkan hasil penelitian, dapat disimpulkan bahwa metode pembiasaan memiliki peran penting dan efektif dalam membentuk karakter disiplin anak usia dini di TK Al-Hikmah Purwokerto Barat.

Kata kunci: karakter disiplin, anak usia dini, metode pembiasaan

SUMMARY

This study aims to describe the formation of disciplinary character in early childhood through the habituation method at TK Al-Hikmah Purwokerto Barat. The background of this research is based on the importance of instilling disciplinary character from an early age as a foundation for children's personality development in the future. The habituation method was chosen because it is considered effective in shaping disciplined behavior through routine, consistent, and continuous activities

This research employed a qualitative approach with a descriptive research design. The research subjects consisted of the principal, teachers, and students at TK Al-Hikmah Purwokerto Barat. Data collection techniques included observation, interviews, and documentation. Data analysis was carried out through data reduction, data presentation, and conclusion drawing.

The results of the study indicate that the formation of disciplinary character in early childhood at TK Al-Hikmah Purwokerto Barat is implemented through various habituation activities, such as arriving on time, lining up before entering the classroom, praying before and after activities, tidying up toys after use, and obeying school rules. The habituation method has proven to have a positive impact on children by fostering obedience to rules, responsibility, time management skills, independence, and orderly behavior in daily activities. Supporting factors include consistent teacher involvement, a conducive school environment, and cooperation with parents. Meanwhile, inhibiting factors include differences in children's individual characteristics and the lack of discipline applied in the family environment.

Based on the findings, it can be concluded that the habituation method plays an important and effective role in forming disciplinary character in early childhood at TK Al-Hikmah Purwokerto Barat.

Keywords: *disciplinary character, early childhood, habituation method*